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# **ECOMENTORS: TRAINING YOUTH WORKERS FOR A GREENER & HEALTHIER GENERATION**



Erasmus+



**04-11 JULY 2026**



**HERNE, GERMANY**

**2025-3-DE04-KA153-YOU-000367885**

KA153-YOU





# ABOUT THE PROJECT

EcoMentors is an 8-day training course project based in Herne, aiming to empower youth workers in ecological literacy and healthy living mentoring. This initiative, brought together 32 youth workers from Germany, Spain, Romania, Latvia, and Hungary under the Erasmus+ program, aims to transform global challenges such as climate change and sustainability into concrete solutions that can be integrated into youth work practice. Throughout the project, participants will gain competencies in a wide range of areas, from biodiversity to the circular economy, through field visits and through design thinking and experiential learning. EcoMentors' core mission is not only to impart theoretical knowledge but also to develop mentoring skills that will translate "eco-anxiety" observed in young people into action, and to initiate a green transformation in local communities by creating lasting resources such as the "Digital EcoMentors Charter".



# AIMS OF THE PROJECT

**Ecological Literacy:** To increase youth workers' knowledge of sustainability and enable them to integrate these issues into youth work.

**Mentoring and Advocacy:** To train participants to become "Eco-Mentors" who will lead green transformations in local communities and guide young people.

**Eco-Anxiety Management:** To increase the psychological resilience of young people by developing methods to translate climate anxiety into action.

**Healthy and Sustainable Living:** To place zero waste, eco-friendly sports, and healthy living habits at the center of youth projects.

**International Cooperation and Resource Generation:** To establish collaborative networks and create lasting tools such as the "Digital EcoMentors Charter" that all organizations can use.

**Professional Recognition:** To support the career development of youth workers by documenting acquired competencies with Youthpass.



# PARTNER COUNTRIES

GERMANY



SPAIN



TURKIYE



LATVIA



HUNGARY



ROMANIA



# PARTNERS

**GERMANY-**  
**YUNUS EMRE**  
**GENCLIK**  
**1993.e.V.**



**SPAIN-INGEFIEX-**  
**Asociación para la**  
**Innovación, Energía,**  
  
**Cultura y Deporte**



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**HUNGARY-**  
**Changemakers**  
**KSN**



**LATVIA-**  
**Zaļai**  
**nākotnei**



**TÜRKIYE- Global**  
**Eğitim Ve Yaşam**  
**Derneği**



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**ROMANIA-**  
**ASOCIATI**  
**A EVOLVE**



# VENUE

Our project will take place in **Herne, Germany.**



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# ACCOMMODATION

During the project, we will stay in **Sonne Hotel,**  
**Herne, Germany. (Shamrockstraße 121, 44623**  
**Herne, Deutschland)**



You will have **breakfast+lunch+dinner** at the  
hotel.

You will stay in rooms for **3-4 people**. The  
number of people in the rooms will be  
determined during the project week.



# PARTICIPANTS PROFILE

The project involves a total of 32 participants, consisting of young people and group leaders from Germany, Turkey, Romania, Latvia, Spain and Hungary. There is no any age limit, and each country team is accompanied by a group leader over the age of 25. Inclusion and equal opportunity are ensured by selecting at least 12 participants from disadvantaged backgrounds; gender balance and rural-urban diversity are also considered within the teams.



# NUMBER OF PARTICIPANTS

**GERMANY: 6**

**ROMANIA: 5**

**LATVIA: 5**



**HUNGARY: 5**

**TURKIYE: 6**

**SPAIN: 5**



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# TRAVEL RULES



- Participants may book their tickets to Köln, Düsseldorf and Dortmund Airports.
- We will help you to find the most suitable and easiest option.
- Flight tickets must be always accompanied by **boarding passes** when requesting travel reimbursement.
- **Do not buy a ticket without asking the project coordinator**, only tickets approved by the coordinator will be refunded.
- It is **forbidden** to leave the project area early before the project is finished.
- It is the participant's duty to deliver the necessary tickets to the coordinator during the project.
- The visa fee **will NOT be covered** by the NGO.



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# TRAVEL RULES



- Taxi fares are **not** eligible for reimbursement.
- Baggage allowance is **max 8-10 kg**. No reimbursement will be given for extra baggage.



# TRAVEL RULES



**You must keep the ticket and invoice for the refund.**

**Some important points for reimbursement:**

- 1-** you must purchase the tickets with the approval of the coordinator and deliver the tickets to the coordinator as requested by the project team during the project,
- 2-** you must fully participate in the project activities (except for emergencies),
- 3-** you must complete the dissemination activities individually and institutionally.



# WHAT TO BRING?

- Please note that health insurance is not included in the project budget and will not be reimbursed under any circumstances. Therefore, it is strongly recommended that all participants obtain private travel insurance covering medical expenses abroad for the entire duration of the project.
- We kindly ask you to bring your own personal hygiene products (toothbrush, toothpaste, shampoo, shower gel, towel, skincare products, etc.) according to your needs and preferences.
- Some workshops and sessions may require digital devices. Please bring your laptop or tablet if you have one.
- Traditional foods, drinks, snacks, and souvenirs for the INTERCULTURAL NIGHTS.
- **DON'T FORGET TO BRING YOUR FLAG AND BANNER THAT BEST REPRESENTS YOUR COUNTRY AND ORGANIZATION!!**

The most important thing to bring? A positive mood and good energy :)

# RULES

## YOU MUST FOLLOW FOR THE PROJECT

- 1. Respect for Property and Environment:** Maintain cleanliness in all communal areas.
- 2. Respect for Silent Hours:** Silent hours are from 23:00 to 07:00.
- 3. Alcohol Consumption:** No alcohol during activities.
- 4. Prohibition of Illegal Substances:** Strictly no use, possession, or distribution of illegal substances.
- 5. Consequences of Non-Compliance:** Non-compliance may result in disciplinary action, including expulsion and no travel reimbursement.
- 6. Mutual Respect and Cooperation:** Treat everyone with respect and actively participate in all activities.
- 7. Reimbursement:** The amount of tickets approved for reimbursement by the coordinator will be paid to the participants/or group leader within 2 months after the end of the project.
- 8. Dissemination Sharing:** Participants must complete the posts/activities requested by the facilitator in order to disseminate the project on social media.

# CONTACT PERSON



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**You can contact if you have any questions about the  
project.**